

St Albans City Youth in the Community Football Club

Player Development Centre
INFORMATION FOR PARENTS/GUARDIANS



St Albans Player Development Centre's

When: *Mondays during term time*

5pm-6pm - 5 – 6 year olds

6pm-7pm - 7 – 8 year olds

7pm-8pm - 9 – 10 year olds

Location: *Nicholas Breakspear School,
Colney Heath Lane, St Albans, Hertfordshire,
AL4 0TT.*

Playing Surface: *is 3G Astroturf, you will
need to wear suitable footwear, either
moulded boots or astro trainers.*

***Open to all 5 to 10 year olds
You can be from any club***

Payment: *£48 for the school term made
payable to St Albans City Youth or pay on-
line via Mydonate on www.cityyouthfc.com*

***All Coaches are FA trained, First aid
trained, Safeguarded and CRB Checked.***

Course contents

Our Philosophy: *The St Albans
PDC is a training program based on
a European style of play with a touch
of South American flair.*

*We look to be fun, inclusive and
educational in our session planning
allowing the young people to create
and implement their own ideas into
their lessons.*

*We concentrate on small sided
games, technical based work and
1vs1, 2vs2, 3vs2, 3v3 match
situations always encouraging the
players to be creative and explore
new ways to beat the defender.*

Want further information email:

Charlie.boswell@cityyouthfc.com

or visit www.cityyouthfc.com

Signing on form

Name:

Age: **DOB:**

Address:
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.....

Post Code:

Phone Number:

Email:

We are pleased to have your child at our player development centre, although we try and make our PDC as safe as possible, football is a physical game and there is no way we can eliminate the total risk of an injury. I certify that my child is in excellent physical health, may participate in physical sporting activities as part of the camp. I hereby release and discharge of ST Albans City youth PDC coaches from all claims, demands suffered by my child as a result in his/her participation on the Development Centre.

Name:.....

Signature:

St Albans City Youth Community Football Club - Registered
Charity Number: 1089343